

**Instructions for the
5Ps Prenatal Substance Abuse Screen
for Alcohol and Drugs**

The 5Ps was adapted by the Massachusetts Institute for Health and Recovery in 1999 from Dr. Hope Ewing's 4Ps (1990). The 5Ps is an effective tool of engagement for use with pregnant women who may use alcohol or drugs. The screening tool poses questions related to substance use by a woman's **parents**, her **peers**, her **partner**, during her **pregnancy** and in her **past**. The non-confrontational questions elicit genuine responses that can be useful in evaluating the need for a more complete assessment and possible treatment for substance abuse. Advise the client that the responses she provides are confidential. **A single "YES" to any of these questions suggests further assessment.**

5Ps Prenatal Substance Abuse Screen for Alcohol and Drugs

Patient Name _____ Patient Number _____

Reviewer _____ Date Completed _____

1. Did any of your **Parents** have a problem with alcohol or other drug use?
☐ No ☐ Yes

2. Do any of your friends (**Peers**) have problems with alcohol or other drug use?
☐ No ☐ Yes

3. Does your **Partner** have a problem with alcohol or drug use?
☐ No ☐ Yes

4. Before you were pregnant did you have a problem with alcohol or drug use? (**Past**)
☐ Yes ☐ No

5. In the past month, did you drink any beer, wine or liquor, or use other drugs? (**Pregnancy**)
☐ Yes ☐ No